

*Freedom can never be reached by the weak. Throw away all weakness.  
Tell your body that it is strong, tell your mind that it is strong, and have unbounded faith  
and hope in yourself.*

- *Swami Vivekananda*

Swami Vivekananda, a great believer in the potential of youth to change the world always highlighted the role of youth in the process of nation-building and inspired them to have a confident attitude. During his victorious return from the West to India in 1897, he stayed at Vivekananda House, for nine days from 6 to 14 February, 1897. At that time, he awakened India's national and spiritual consciousness through his fiery lectures in Chennai. Taking forward the wisdom string of Swami Vivekananda and to commemorate Swami Vivekananda's return, **Swami Vivekananda Chair organized a national seminar during the on 14th February'2023, Tuesday on "Oneness is The Secret of Everything-Swami Vivekananda on Enlightening the Youth"**. During the academic congregation the discourses by eminent personalities, academicians and research scholars highlighted the messages of Swami Vivekananda for the younger generation. Themes on nation building, spirituality, yoga, youth power, moral stories, and personality development promoted the message of the great saint and lend a hand to promote rational thinking among the youth. Seminar delegates related their expertise on the **G20 Summit 2023** theme of National integration. Dr Tushti Sharma, Professor- Convener of the chair presented the concept note of the seminar. Hon'ble V.C of the university, Maj Gen (Dr.) G.K. Thapliyal invigorated the delegates with the message of Vivekananda, who broke through the shackles of caste and creed and spoke of the language of universal brotherhood and personified the eternal energy of the youth with their restless quest for truth. The chief guest of the Seminar Smt. Praveena, Additional Commissioner, Meerut Division exhilarated the message of the eternal Youth Icon of India, who was simple yet powerful. She exalted a connexion of Swami ji's ideas directly to the people, especially to the youth and promoted the use of hindi language, the mother tongue at all professional pedestals. The poet and guest of honour *Dr Ishvar Chand Gambhirji* gave a clarion call to youth of the country for unity and national alliance in his poetry. *Dr Kanika Chopra*, passionate motivator and counsellor from JMC College, Delhi University motivated the students to find the reflections of Swami ji from the essence of his teachings in his famous speeches. *Shri Darshan Lal ji*, an experienced and seasoned scholar guided the conclave and reframed Vivekanand's philosophy in his words for the youth of India. The vibrant CEO of the university, *Dr Shalya Raj* dispensed the message of national integration amongst the intellects during the event, and requested to spread the same in their social environs for solidarity towards the nation. Dr Abhay M. Shankaregowda, Hon'ble Pro V.C in his inspirational message escorted the messages of the Youth Icon of India. Dr Manoj Kapil, Principal, Faculty of Engineering and Technology through his vibrant message to the young minds stimulated them for investing their efforts in building a strong nation. The keynote speakers from various states across the country Dr. Aishwarya Jha, Swami Shraddhanand College, University of Delhi, Dr.Ramkishan B Bhise, SIES Graduate School of Technology, Nerul, Navi Mumbai, Dr. Salu Dsouza, School of Law Christ, Lavasa , Maharashtra, Dr.Karuna Nidhi Pandagre, Bansal Institute of Science and Technology, Bhopal, Dr.S.Subbulakshmi, Shrimathi Devkunvar Nanalal Bhatt Vaishnav College, Chromepet, Chennai, Ex-Bank Manager, BOB and Poet Dr Pradeep Mishr "Ajnabee", Dr Ram Sharma, Principal SSB P.G College , Raniganj , Ballia and Dr Rahul Bansal, Subharti Medical College, participated and vouched for harmony in their discourse in blended mode, leaving a strong message for the unflinched strength of the youth of "Youthful India". Best Paper presentation award was presented to encourage papers presented by the research scholars and recognize excellence in original research, innovative thinking, and the quality

amongst the academicians in the seminar. The organizing committee members Dr. Niraj Nayan Rishi, Dr Shobha Raturi, Ms Vibha Ghavri and Ms Aditi Goswami and student volunteers from the Faculty of Ayush collaborated with the delegates' nationwide to make the seminar a great success. Dr. Ashwani Kumar, Associate Professor- Member, SVC extended the vote of thanks to the conclave.