

All India Inter University Kickboxing (M & W) Championship, 2023-24

(Competitions on Zonal Basis)

5th March to 9th March 2024

Hosted by : Swami Vivekanand Subharti University, Meerut (SVSU)

Under the Aegis of : Association of Indian Universities, New Delhi (AIU)

Report

All India Inter University Kickboxing (M & W) Championship 2023-24

Sports activities help students develop alertness, discipline, team spirit, mental ability, confidence and concentration. It doesn't matter what kind of sports they are playing and whether they are winning or not. Every sport inculcates some amazing traits in them. In University Education, sports play a major role in the development of integrated personality of the youth including body and mind. Active participation of University students in competitive sports generates a spirit of healthy competition in daily life too.

The Association of Indian Universities (AIU) Sports Division functions as 'Inter University Sports Board' for promotion of competitive sports in universities across the country. It organizes National University Games and Special Coaching / Training Camps for highly talented and selected athletes in collaboration with member universities, and thus prepares university students to participate in national and international sports championships.

For the year 2023-24, **Swami Vivekanand Subharti University** was selected by the AIU to host the All India Inter University Kickboxing (Men & Women) Championship. A total of 372 male and 172 female students from 94 universities across India participated in this major sporting event that lasted for five days (5th March to 9th March 2024). A total of 48 Kickboxing competitions for different weight categories of men & women took place during the event.

Kickboxing One of the most popular combat sports around the world

In layman's terms, Kickboxing is a form of boxing in which the people fighting each other can kick as well as hit with their fists (closed hands). Kickboxing is a modern contact fighting sport created on the basis of many traditional combat sports and martial arts. It is a hybrid martial art which is formed from the combination of elements of various traditional styles. In other words, Kickboxing is a unique Western response to many Eastern martial arts.

Kickboxing involves punching, kicking, and footwork. It incorporates moves from other types of martial arts, such as karate, as well as boxing. The sport showcases a fighter's skills, power, and speed; and tests his/her strength, stamina, and endurance.

The World Association of Kickboxing Organizations (WAKO) is an international Kickboxing organization counting over 130 affiliated countries representing all five continents. It is a major governing body of Kickboxing and is responsible for the development of Kickboxing worldwide. WAKO India Kickboxing Federation is the National Governing Body to control and develop Kickboxing sport activities, in all age groups and

styles both in male and female categories in India. WAKO India is affiliated to the WAKO International Federation.

WAKO Kickboxing includes 7 competitive disciplines falling into two broad categories: ring and tatami or mat.

Ring Disciplines— Fighting area is ring. The intention of a kick-boxer is to defeat his/her opponent with legal techniques which must be delivered with full power.

Tatami Disciplines— Fighting area is tatami or mat. The intention of a kick-boxer is to defeat his/her opponent with legal techniques which must be delivered with controlled power.

The Event was held with great zeal & zest !!!

The participants started arriving in Meerut Monday morning on 4 March. The University provided transportation to Subharti Campus from the railway stations and bus stations. Buses & cars ran regularly to collect guests from the stations. The University provided decent food and accommodation for all the participants. Special accommodation arrangements were made for the AIU observer, judges, referees, team managers, and coaches.

Managers' Meet was held on Monday evening at the Seminar Hall of the Department of Physical Education. Team Managers and Coaches from different universities across the country were welcomed and formally introduced by Dr. Sandeep Kumar, the President of the Sports Committee, Dean & Head of Department of Physical education of Subharti University. They were briefed about the schedule of the event and rules & regulations of the competition.

The **Opening Ceremony** was held on 5 March at *Mangalya Convention Centre*, the huge and state-of-the-art auditorium of the University. Dr. Baljeet Singh Sekhon, Jt. Secretary (YA&S), AIU, Dr. Piyush Jain, General Secretary, Physical Education Foundation of India (PEFI) and Mr. Santosh Agarwal, President, WAKO kickBoxing Federation of India were the honorable guests. The ceremony began with lighting lamps and *Saraswati Vandana*. Saplings were gifted to the guests. Dr. Sandeep Kumar, President Sports gave his welcome speech. Students of Subharti University gave brilliant cultural performances and kickboxing demonstrations. Major General (Retd.) Dr. G. K. Thapliyal, the vice-chancellor of Swami Vivekanand Subharti University gave his blessing to all the participants. Dr. Piyush Jain, General Secretary, PEFI appreciated the department for the commendation work and also informed the house that the Major Dhyani Chand Department of Physical Education is a one of the best institution in the country having modern infrastructural and instruction facilities to the learners of Physical education and Sports Sciences. Mr. Santosh Agarwal, President, WAKO kickBoxing Federation of India thanked the University administration for hosting the event and for spreading the game in the country. Dr. Manju Adhiakri thanked teams from all the universities for coming to Subharti University and taking part in the sporting event.

The **Kickboxing Matches** under different weight categories of both men & women were held on 5, 6, 7 and 8 March at the *General Mohan Singh Subharti* Ground, a vast playground on the campus. Young fighters were well trained and fully prepared. They showed quick moves, displayed deft footwork, threw powerful punches, and landed swift kicks. Each player put up a good fight against his/her opponent.

The **Prize Distribution / Closing Ceremony** was held on 9th March at the *Satyajit Ray* Auditorium of the university. Dr. Bhupendra Singh Bajwa, Executive Member, Indian Olympic Association, Mr. Santosh Agarwal, President, WAKO India, and Dr. Rajeev Chaudhary, AIU Observer were the honorable guests. Dr. Sandeep Kumar gave a brief report about the event. The AIU Observer Dr. Rajeev Chaudhary congratulated Subharti University on successfully organizing the event. He particularly mentioned the infrastructure, state-of-the-art playgrounds, accommodation, food, and the great teamwork done by the staff and the faculty members of Subharti University. He thanked Subharti for the warm hospitality, and said that Subharti University has the system and the infrastructure to host bigger sporting events.

Now the winners and the runners-up of the 48 Kickboxing competitions for different weight categories of men & women were announced; and they were given their medals.

In the men's category, Mahatma Gandhi KashiVidyapeeth University, Varanasi, Uttar Pradesh emerged as the overall champion. University of Calicut, Kerala finished second, Veer Bahadur Singh Purvanchal University, Jaunpur, Uttar Pradesh third, University of Mysore, Karnataka fourth, and Swami Vivekanand Subharti University, Meerut, Uttar Pradesh fifth.

In the women's category, Avinashilingam Institute, Coimbatore, Tamil Nadu won the overall championship. Mahatma Gandhi KashiVidyapeeth University, Varanasi, Uttar Pradesh finished second, Swami Vivekanand Subharti University, Meerut, Uttar Pradesh third, University of Calicut, Kerala fourth, and University of Mysore, Karnataka fifth.